



Ho Fung College

Sponsored by **Sik Sik Yuen**
School Profile 2017-2018

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Principal's Message

Nobody doubts that Ho Fung College has been earning a good reputation in providing our students all-round education since the year of its establishment in 1974. We aim at training our students to be "able to learn, able to do and able to engage". Our students are best described as "strong in both their academic studies and co-curricular activities", as well as outstanding in leadership. The formal and informal curricula of our school on languages, mathematics, science, humanities, aesthetics and physical development have developed students' multiple intelligence and aptitude for life-long learning. In addition to aiming for continual development in academic achievements, our school also nurtures students' positive attitudes and values towards both their school life and personal life. Every year, numerous unforgettable activities, such as the Cross-country Run, Sports Day, Singing Contest, Fun-fun Show, Fashion Show, and cross-boundary study tours and so on, are arranged for our students. Besides, our students always perform well in external activities. They win a lot of prizes and awards in competitions held by external organisations, and have won championships in interschool debating, music, dance and sports competitions, as well as Hong Kong district writing competitions. In addition, our students also actively participate in the school uniform groups, including St. John Cadet, Scouts and Girl Guides, volunteer services groups and the environmental protection unit. All these learning experiences are successful in driving well-balanced development of students' moral, intellectual, physical, social and aesthetic qualities. There is no exaggeration to say that our students have certainly displayed an excellent performance in such aspects over the past forty years. Some of them have been excellent leaders in various fields.

Teaching and learning are the core activities of a school. Our school always focuses on promoting a high level of learning

culture. Resources are always allocated to furnish an inviting place and environment for learning. School policies are continuously refined to streamline the academic and co-curricular activities. In the past few years, the performance of our students does not just maintain at a high standard, but also proceeds gradually to excellence. This can be fully illustrated by their outstanding performance in the HKDSE 2017 and the pleasing JUPAS offer results. 94.5% (121) of our students met the basic entrance requirement for admission to publicly funded undergraduate programmes (33222), well above the territory-wide day school figure (40.8%). One student achieved a top score of six 5**, and two 5* and eighteen students had scores of best five subjects being 29 or above. 89% (114) of students received offers in the JUPAS. There were 23 students admitted to HKU, 23 admitted to CUHK, 2 admitted to HKUST, and 33 admitted to degree programmes of other publicly funded universities.

Our school's achievements do not come easily. Students and teachers put every effort into maintaining the invaluable reputation of the school. A strong teacher-student rapport is a core and essential element to nurture our students with a great sense of belonging to the school. The drive for excellence permeates deeply into our school culture. As the principal of Ho Fung College, I will continue to inherit the past and to maintain the core values of our school. Such core values include adequate freedom for students and teachers, respectful interpersonal relationship building, a harmonious campus, a strong sense of belonging and dogged determination for striking for excellence.

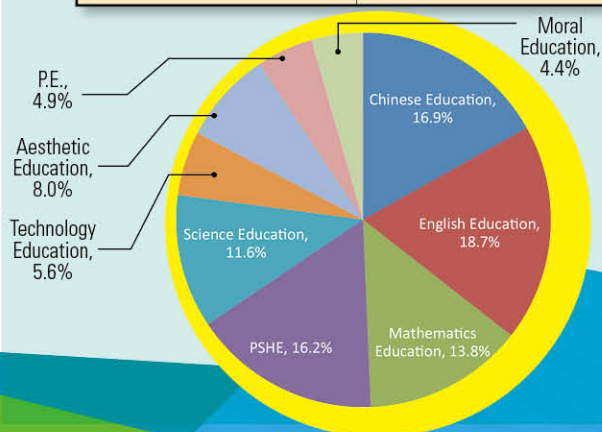


School Information

Supervisor:	Mr. Lai Chak Sum
Principal:	Mr. Siu Chi Sun
Sponsoring Body:	Sik Sik Yuen
School Motto:	To act benevolently and to teach benevolence
Year of Commencement of Operation:	1974
School Size:	About 7779 Sq. M
School Type:	Aided (Co-ed)
Medium of Instruction:	English
Number of Classes:	24
Number of Students:	780
Number of Teachers:	60 (Including School Head)
Qualifications and Professional Training:	Bachelor Degree: 38.3%, Master / Doctorate Degree or above: 61.7%
Working Experiences:	0-4 years: 5%, 5-9 years: 28.3%, 10 years or above: 66.7%
Direct Public Transportation to School:	There is direct bus service from Tsuen Wan, Kwai Chung, Tsing Yi, Shatin, Ma On Shan, Sheung Shui, Tai Po, and West Kowloon, etc. School bus service is available.
School Facilities:	The new wing was completed in 2004. New facilities were installed. These include three computer rooms, a language laboratory, a gymnasium and the office of the Students' Association. The campus is air-conditioned as well.

Junior Secondary

Key Learning Areas	% of Time Allocation (3 years)
Chinese Education	16.9%
English Education	18.7%
Mathematics Education	13.8%
PSHE	16.2%
Science Education	11.6%
Technology Education	5.6%
Aesthetic Education	8.0%
P.E.	4.9%
Moral Education	4.4%
TOTAL	100.0%



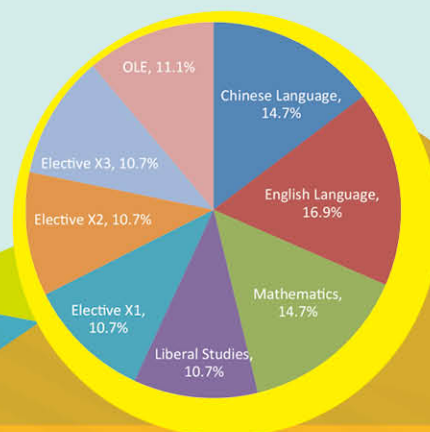
Class Structure

	S1	S2	S3	S4	S5	S6
No. of Classes	4	4	4	4(+1)	4(+1)	4(+1)
No. of Students	128	124	131	136	136	131



Senior Secondary

Key Learning Areas	% of Time Allocation (3 years)
Chinese Language	14.7%
English Language	16.9%
Mathematics	14.7%
Liberal Studies	10.7%
Elective X1	10.7%
Elective X2	10.7%
Elective X3	10.7%
OLE	11.1%
TOTAL	100.0%



Academic Performance of 56 Students (2016-2017)

Our students once again reaped impressive results in the 2017 HKDSE. 94.5% (121) of our students met the basic entrance requirement for admission to publicly funded undergraduate programmes (33222), well above the territory-wide day school figure (40.8%). A special mention is given to Wong Yuet Hoi (6E), who achieved a top score of six 5**, and two 5*. The results of the best 19 performing students with 29 marks or above are as follows:

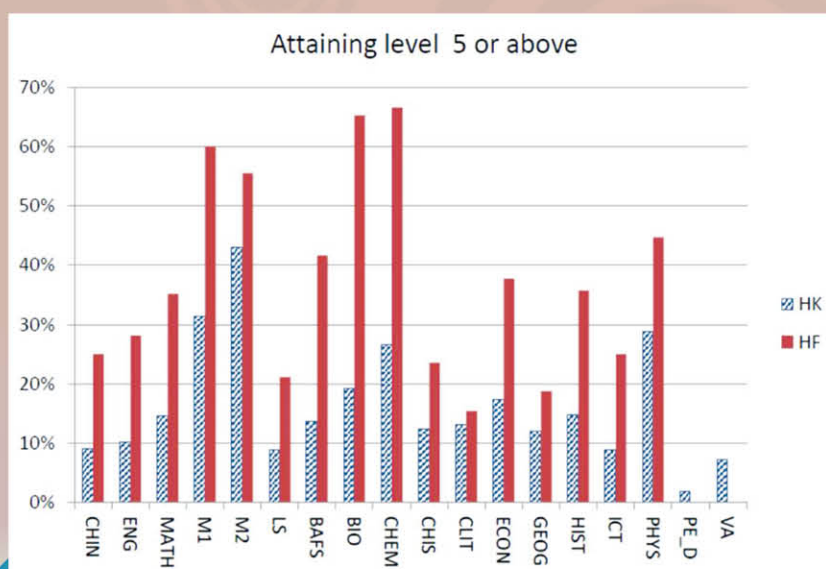
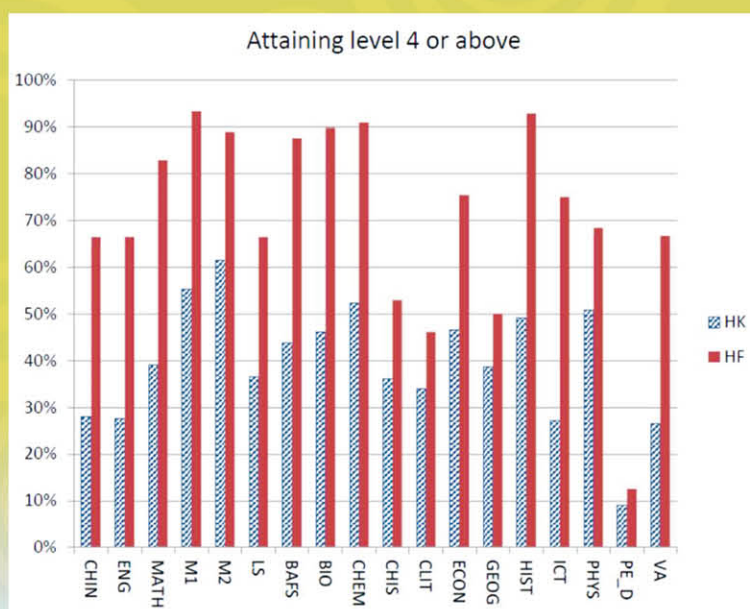


Class	Name	5**	5*	5	4	Best 5	Primary School
6E	Yolanda Wong Yuet Hoi	6	2			35	Holy Cross Lutheran School
6E	Stephanie Ho Ching Ting	5	2	1		35	SKH Chu Oi Primary School
6D	Alan Wong Hing Lun	5		2	1	35	Salesian Yip Hon Primary School
6A	Noddy Chan Ka Ho	4	1	1		34	Po Leung Kuk Castar Primary School
6D	Nicholas Ng Long Hei	3	4	1		33	Lei Muk Shue Catholic Primary School
6D	Forest Cheng Nam	3	2	2	1	33	Hoi Pa Street Government Primary School
6D	Edmond Chan Yat Hei	3	1	1	3	32	Lei Muk Shue Catholic Primary School
6E	Crystal Zhang Leyi	2	4	1		32	Ho Shun Primary School (Sponsored By Sik Sik Yuen)
6E	Queenie Wong Hing Yee	2	3	2		32	St Anthony's School
6E	Ivan Lo Chi Fung	2	2	3	1	31	Lei Muk Shue Catholic Primary School
6E	Hester Wong Hiu Ka	1	4		1	31	CCC Kei Wai Primary School (Ma Wan)
6E	Leo Chak Wai Kin	1	3	2	2	30	Kwai-Ming Wu Memorial School of the Precious Blood
6E	Yoyo Wong Tsz Yau	1	3	1	2	30	Chai Wan Kok Catholic Primary School
6B	Maggie Ng Tsz Wai		6	1		30	Cho Yiu Catholic Primary School
6B	Jody Fok Wing Tung		5	2		30	Si Yuan School of the Precious Blood
6D	Ronald Sin Ho Yin	1	3		3	29	CCC Kei Chun Primary School
6D	Jason Yiu Man Wai	1	2	3	1	29	Chai Wan Kok Catholic Primary School
6E	Yan Ng Lok Yan	1	2	2	1	29	SKH Chu Oi Primary School
6C	John Chan Yuen Chung		4	1	2	29	CCC Kei Wai Primary School (Ma Wan)



Below is the overall performance of our students compared with the territory-wide day school figures:

Performance in HKDSE 2017	Ho Fung (%)	HK(%)
Students eligible for degree programmes (33222)	94.5%	40.8%
English Language (Level 3 or above)	100.0%	52.2%
Chinese Language (Level 3 or above)	94.5%	55.8%
Mathematics (Compulsory Part) (Level 2 or above)	100.0%	81.8%
Liberal Studies (Level 2 or above)	99.2%	89.4%
Percentage of students with a subject core of level 4 or above (excluding M1 and M2)	71.5%	35.0%
Percentage of students with a subject core of level 5 or above (excluding M1 and M2)	32.3%	12.6%

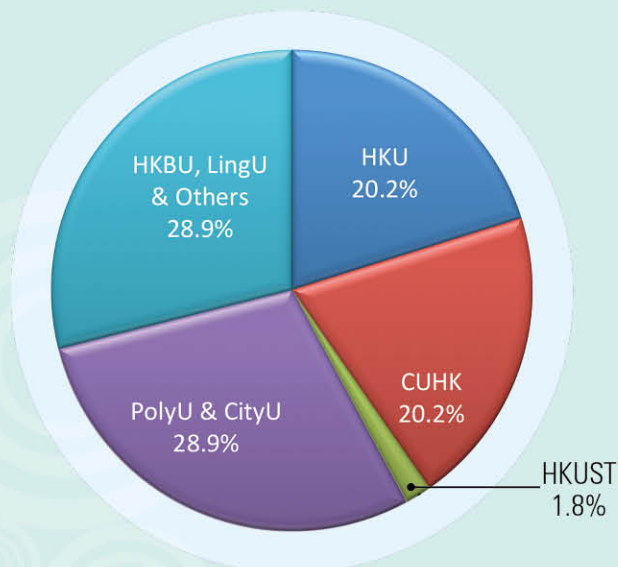


JUPAS Offer Results (2017)

89% (114) of our students received offers in JUPAS.

Tertiary Institutions	Degree	Sub-degree	Total
HKU	23	0	23
CUHK	23	0	23
HKUST	2	0	2
PolyU	15	8	23
CityU	9	1	10
HKBU, LingU and Others	31	2	33
Total	103	11	114

JUPAS Offers: 114 offers



Band	A	B	C	D	E	Total
No. of offer	96	9	4	3	2	114

JUPAS offers received include the following degree programmes of the UGC funded Universities:

The University of Hong Kong

1. Bachelor of Arts
2. Bachelor of Business Administration (Information Systems)
3. Bachelor of Business Administration / Bachelor of Business Administration in Accounting and Finance
4. Bachelor of Dental Surgery
5. Bachelor of Economics / Bachelor of Economics and Finance
6. Bachelor of Engineering
7. Bachelor of Medicine and Bachelor of Surgery
8. Bachelor of Nursing
9. Bachelor of Science
10. Bachelor of Science in Actuarial Science
11. Bachelor of Science in Speech and Hearing Sciences
12. Bachelor of Science in Surveying
13. Bachelor of Social Sciences (Government and Laws) and Bachelor of Laws (double degree)

The Chinese University of Hong Kong

1. Chinese Language and Literature
2. Chinese Medicine
3. Engineering
4. History
5. Integrated Bachelor of Business Administration Programme
6. Enrichment Stream in Theoretical Physics
7. Interdisciplinary Major Programme in Global Economics and Finance
8. Journalism and Communication
9. Medicine (MBChB) Programme Global Physician-Leadership Stream (GPS)
10. Nursing
11. Sociology
12. Science

The Hong Kong University of Science and Technology

1. Business and Management
2. Engineering

The Hong Kong Polytechnic University

1. BBA (Hons) in Accountancy
2. Broad Discipline of Computing
3. BA (Hons) Scheme in Design
4. Broad Discipline of Engineering
5. BEng (Hons) in Aviation Engineering
6. BSc (Hons) Scheme in Logistics and Enterprise Engineering
7. BEng (Hons) Scheme in Product and Industrial Engineering
8. BSc (Hons) in Mental Health Nursing
9. BSc (Hons) in Occupational Therapy
10. BSc (Hons) in Physiotherapy
11. BSc (Hons) in Radiography
12. BSc (Hons) in Surveying

City University of Hong Kong

1. BA Chinese and History
2. Department of Architecture and Civil Engineering (options: BEng Architectural Engineering, BEng Civil Engineering, BSc Surveying)
3. Department of Economics and Finance (options: BBA Business Economics, BBA Finance)
4. Department of Linguistics and Translation (options: BA Linguistics and Language Applications, BA Translation and Interpretation)
5. Department of Management Sciences (options: BBA Business Analysis, BBA Business Operations Management)
6. Department of Media and Communication (options: BA Digital Television and Broadcasting, BA Media and Communication)
7. School of Creative Media (options: BA Creative Media, BSc Creative Media, BAS New Media)
8. BSc Chemistry

Hong Kong Baptist University

1. Bachelor of Arts
2. Bachelor of Social Sciences in European Studies - German Stream

Lingnan University

1. Bachelor of Social Sciences (Honours)
2. Bachelor of Arts (Honours) in Philosophy
3. Bachelor of Arts (Honours) in Translation

The Educational University of Hong Kong

1. Bachelor of Education (Honours) (English Language) - Secondary
2. Bachelor of Education (Honours) (Geography)
3. Bachelor of Arts (Honours) in Special Education
4. Bachelor of Social Sciences (Honours) in Global and Environmental Studies

Hall of Fame

Top ten students in each form:

S1	Class	Rank in Form	Name	Primary School
	1B	1	Tiffany Lui Wai Yu	SKH Chu Oi Primary School
	1A	2	Yoei Yung Sin Yi	CCC Kei Wai Primary School
	1B	3	Chebbie Lai Cheuk Yiu	Si Yuan School of the Precious Blood
	1B	4	Ruby Cheung Yuet Hin	Tsuen Wan Public Ho Chuen Yiu Memorial Primary School
	1B	5	Cyrus Fan Yat Hei	St. Francis of Assisi's English Primary School
	1C	6	Marco Lee Long Ting	SKH Chu Yan Primary School
	1C	7	Maggie Lee Man Ki	Shak Chung Shan Memorial Catholic Primary School
	1B	8	Jason Wong Hui Kiu	Kwai-Ming Wu Memorial School of the Precious Blood
	1D	9	Kimmy Li Kam Yin	Salesian Yip Hon Primary School
	1D	10	Michael Cheng Ho Yin	CCC Kei Wai Primary School (Ma Wan)



S2	Class	Rank in Form	Name	Primary School
	2A	1	Sabrina Tai Sze Ming	Hong Kong Baptist Convention Primary School
	2A	2	Wilson Hui Tat Fung	CCC Kei Wai Primary School
	2A	3	Ken Lam Shing Yuen	Tsuen Wan Chiu Chow Public School
	2A	4	Ruby Lee Pui Yee	Salesian Yip Hon Primary School
	2A	5	Ming Chan Ming Jaak	HKTA Yuen Yuen Institute Shek Wai Kok Primary School
	2A	6	Sheron Lee Wai Sze	Sham Tseng Catholic Primary School
	2A	7	Bonnie Kwok Sze Wai	Ho Shun Primary School (Sponsored By Sik Sik Yuen)
	2A	8	Yanki Wong Pui Yan	Salesian Yip Hon Primary School
	2A	9	Kevin Lui Kei Chun	Si Yuan School of the Precious Blood
	2A	10	Jackie Cheong Cheuk Pui	Shak Chung Shan Memorial Catholic Primary School



S3	Class	Rank in Form	Name	Primary School
	3D	1	Ryan Chan Chun Hei	Tsuen Wan Government Primary School
	3D	2	Vicky Tsang Wai Ki	Salesian Yip Hon Primary School
	3D	3	Carol Chan Cheuk Wing	CCC Kei Wai Primary School (Ma Wan)
	3D	4	Alex Kwok Chun Ting	Kwai-Ming Wu Memorial School of the Precious Blood
	3D	5	Charline Ho Cheuk Lam	Shak Chung Shan Memorial Catholic Primary School
	3D	6	Queenie Wu Yik Mei	Salesian Yip Hon Primary School
	3D	7	Orca Lee Chun Ngai	Sham Tseng Catholic Primary School
	3D	8	Vicky Tang Wai Kei	SKH Chu Oi Primary School
	3D	9	Keith Yu Ka Hei	Salesian Yip Hon Primary School
	3D	10	Kason Tsui Tsz Hin	Hoi Pa Street Government Primary School



Hall of Fame

S4	Class	Rank in Form	Name	Primary School
	4D	1	Jusk Lau Chak Shu	Mary of Providence Primary School
	4D	2	Alex Wong Yin Tung	Tsuen Wan Chiu Chow Public School
	4D	3	Calvin Wong Hong Ki	TWGHs Ko Ho Ning Memorial Primary School
	4B	4	Ringo Yeung Hoi Yau	Hoi Pa Street Government Primary School
	4D	5	Karen Wong Yi Ting	Salesian Yip Hon Primary School
	4E	6	Josie Mak Hei Yin	Ching Chung Hau Po Woon Primary School
	4D	7	Stephanie Suen Ka Lam	Hong Kong Baptist Convention Primary School
	4C	8	Heiko Wong Chung Hei	SKH Chu Oi Primary School (Lei Muk Shue)
	4D	9	Steven Tse Chi Man	CCC Kei Wai Primary School
	4D	10	Paddy Fung Pui Tik	CCC Kei Wai Primary School (Ma Wan)



S5	Class	Rank in Form	Name	Primary School
	5D	1	Gigi Ku Chi Ting	Shek Lei Catholic Primary School
	5D	2	Robin Hung Tsz Nok	Tsuen Wan Government Primary School
	5D	3	Justin Kan Ka Chuen	Shak Chung Shan Memorial Catholic Primary School
	5D	4	Eason Lam Sum Chung	Chai Wan Kok Catholic Primary School
	5D	5	James Hung Hin Lung	Salesian Yip Hon Primary School
	5B	6	Armstrong Tuen Ho Tim	Ching Chung Hau Po Woon Primary School
	5D	7	Jeffy Wong Kin Hei	Si Yuan School of the Precious Blood
	5D	8	Matthew Yuen Hing	Holy Cross Lutheran School
	5D	9	Tom Shing Ka Ho	Cho Yiu Catholic Primary School
	5B	10	Maggie Choi Mei Kei	HKTA Yuen Yuen Institute Shek Wai Kok Primary School



Our Outstanding Students

Yolanda Wong Yuet Hoi - achieving a top score of six 5 and two 5* (Primary School: Holy Cross Lutheran School)**

Looking back, HFC did not only equip me with academic knowledge, but also shaped me into a person with a much wider vision by providing me with ample opportunities to join a myriad of extra-curricular activities in the past six years. Without the support of the teachers here, I would not have excelled in the public examinations. Without the inspiration from my classmates, I would not have pursued my goal of becoming a holistic student. I have always been so thankful to be a HFC student.



Eason Lam Sum Chung – Winner of Outstanding Student Leader Award 2016-2017 (Primary School: Chai Wan Kok Catholic Primary School)

I am delighted to be selected as an Outstanding Student Leader. I dedicated myself to the programme, perceiving it as an opportunity for me to strive for a better self. Undoubtedly, It offered a precious chance for me to interact with the students from across the city. Through the programme, what I learnt is that confidence is always the key to success. Once you believe you can and you are already halfway there.



Jeffy Wong Kin Hei - Winner of Tsuen Wan and Kwai Tsing Top 12 Outstanding Students Award 2016-2017 (Primary School: Si Yuan School of the Precious Blood)

Announced as one of the outstanding students, I was extremely exhilarated that I couldn't believe this honour did belong to me. To my mind, this prize was not only about a glory, but also motivation for me to keep going in the rest of my journey.



Hilda Wong Hiu Nam - Winner of Outstanding Athlete Award (All Round) 2016-2017, Tsuen Wan & Island Secondary Schools Area Committee (Primary School: Si Yuan School of the Precious Blood)

It is my honour to be selected as the Outstanding Athlete of the HKSSF Tsuen Wan & Islands Schools Area Committee. After receiving the award, I looked back at my sports life throughout these five years. I really appreciate Ho Fung's help with my training, and hopefully this award can encourage me to achieve excellence in anything in the future.



Achievements of Our English Debate Team

Debaters' hard work pays off

Ho Fung's English Debate Team got remarkable results in the two major inter-school debating competitions in the school year of 2016-2017. They won nine awards which include three grand-final champions, one grand-final first-runner-up, three grand-final best speaker awards and two regional-final champions. The debaters were delighted with their hard work had paid off. They were humble in victory, taking the chance to share what they learnt in debating and express their gratitude to everyone who helped them along the way.

Robin Hung, Justin Kan and Natalie Ng admitted they felt nervous in the HKPTU Grand Final in June as it was their last secondary school debate representing Ho Fung. Perseverance is the main strength of the team. They lost almost every match when they were in S3 but they didn't quit. "Debating is a time-consuming activity and effort does not always mean victory. That makes me learn to work hard and be patient. Eventually, my teammates and I had a sweet taste of success," Robin, the grand-final Best Speaker said.

The S3 debaters, Ryan Chan, Celeste Chan, Jobee Chan and Sandy Li who won every match when they were in S2 admitted that they experienced a tough time this year. Not only did they face many strong opponents from Band 1 schools, but they also had to spend an immense amount of time and effort improving their debate skills as well

as maintaining a high standard of their academic work. "After two years of debating life, I am really thankful to my superb teammates and coaches, who have taught me so much and accompanied me during both ups and downs. I have gained a lot and the most important of all is the friendship built in the debate team," Ryan, the captain of the S3 team said.

The main reason why Ho Fung encourages students, and not just the debaters, to engage in debating is that this activity makes a meaningful contribution to students' high English proficiency. Debating requires students to read extensively and write persuasively and it cultivates the arts of critical thinking and public speaking. There is no denying that to S1 and S2 students, debating is really demanding. However, the effort is worth it. The junior debater, Sabrina Tai Sze Ming said, "After participating in debating competitions, I've learnt how to deliver my ideas clearly through the use of articulation, pace and body language. Most importantly, through practice, I've learnt to think faster and more critically. Of course I've become confident in speaking in front of a large audience."

Members of our English Debate Team:

Class	Name	Primary School
5D	Robin Hung Tsz Nok	Tsuen Wan Government Primary School
5D	Justin Kan Ka Chuen	Shak Chung Shan Memorial Catholic Primary School
5B	Natalie Ng Ching Tung	Lei Muk Shue Catholic Primary School
4E	Clarrie Chan Ka Wai	Salesian Yip Hon Primary School
4E	Rachel Lan Chi Kiu	Ho Ming Primary School (Sponsored by Sik Sik Yuen)
4B	Ringo Yeung Hoi Yau	Hoi Pa Street Government Primary School
3D	Ryan Chan Chun Hei	Tsuen Wan Government Primary School
3D	Celeste Chan Yuet Ting	Si Yuan School of the Precious Blood
3C	Jobee Chan Lok Yiu	Hoi Pa Street Government Primary School
3D	Sandy Li Lok Tung	Salesian Yip Hon Millennium Primary School
2A	Ming Chan Ming Jaak	HKTA Yuen Yuen Institute Shek Wai Kok Primary School
2A	Sabrina Tai Sze Ming	Hong Kong Baptist Convention Primary School
2A	Yanki Wong Pui Yan	Salesian Yip Hon Millennium Primary School
2B	Ashley Pang Cheuk Yin	HKTA Yuen Yuen Institute Shek Wai Kok Primary School
2B	Belle Lau Man Yiu	Si Yuan School of the Precious Blood
2D	Katie Lo Tsz Tung	Kwai-Ming Wu Memorial School of the Precious Blood



English Learning



Harry Cheung Yan Chit, Chairperson of the English Society (Primary School: CCC Kei Wai Primary School)

Learning English seems a tedious process: memorizing grammatical patterns, mastering a vast variety of vocabulary and perfecting pronunciation. Ho Fung, through its various enriching programs, has nevertheless made the process a more enjoyable one.

On a daily basis, we are given a multitude of chances to practise the language. From politics to everyday life, we freely express our opinions and engage in real communication during and after class through in-class debate, frequent oral presentations, etc. Besides presenting in front of the class, we give announcements and speeches on moral values and current issues to the whole school in weekly morning assemblies. The school further nurtures language learners through extra courses in writing and speaking, taught by experienced teachers, in order to hone our language skills.

In addition to the learning opportunities offered by the school, the English Society boasts a diverse range of fun events to educate, engage and entertain our fellow students, namely our English Weeks, with activities like dramas, poem recitations, song dedications, tongue twisters, and best of all, game stalls designed and hosted by students ourselves. We play games to earn prizes while using the language with a natural, friendly ambience. With enthusiastic feedback, these events prove that our learning environment does stimulate and motivate students to learn the second language well.

Cherie Ng Cheuk Yiu, S2 Girls Choral Speaking Team Member (Primary School: CCC Kei Wai Primary School (Ma Wan))

After participating in a lot of activities at school, I believe learning through activities is more effective than merely lecturing. Last year, everyone in our school took part in the annual English Week. Game stalls, Scramble games, spelling and tongue twister competitions - and the list goes on - aroused students' interest in English language. Outside school, I, attended choral speaking competitions, and presented poems with lively movements and organised voices with some S2 girls, as well as a group of S3 students. The practice which lasted for weeks surely improved our pronunciation and confidence, and we were thrilled to know both teams took victory on the same day! Another time, our class watched an unusual play, or more precisely, 'joined' a play. The cast invited our classmates to act with them and taught us some vocabulary in an engaging way, before leading us to the theatre where we had to walk to different stage settings and watched the drama. It is true that learning itself can be demanding, but these experiences certainly open us up to new interests and outstanding academic achievements.



STORY

Gulliver is a sea doctor. Captain Blake asks him to go on a long and dangerous journey on a ship called The Arkshape. Gulliver agrees and they set sail. There is a big storm. The ship sinks and Gulliver lands on an island.

The island is called Lilliput. Gulliver walks around the island, and is very surprised! The people of Lilliput are tiny! They are as small as dolls. They live in tiny houses in tiny streets. The tiny people are very scared. They think that Gulliver is a giant!

They capture Gulliver and take him to see the Baron and Baroness, who are in charge of Lilliput. They say they will let Gulliver go, but only if he promises to help them. The Baron and Baroness explain that Lilliput is at war with another island called Blefusco. They want Gulliver to help them win the war. Gulliver agrees.

Rules for Lilliput

1. Please always stay in a group - we can't save you if you end up in Blefusco!
2. Please listen very carefully to instructions so you can enjoy the show.
3. Please do not touch anything unless you are told you can. The people of Lilliput are very nervous and the Baroness will have to kick you if you break the rules.
4. Please don't be naughty!
5. Please keep everything tidy!

VOCABULARY

T	Lilliput
1.	1. The Lilliput
2.	2. Furry
3.	3. Prate
4.	4. Gnome
5.	5. Giant
6.	6. Monster
7.	7. Gigantic
8.	8. Enormous
9.	9. Colossal
10.	10. Titanic
11.	11. Monstrous
12.	12. Blefusco
13.	13. Furious

Teaching and Learning: Self-regulated Learning

The self-regulated learning initiative has been established as part of the school's drive to nurture the skills and competencies of our teaching staff and students. In the year of 2012-13, a number of our teachers participated in the field trip to Shandong, where they enhanced their understanding of the self-regulated learning approach and shared their skills and knowledge with fellow teachers in the region and across schools sponsored by Sik Sik Yuen.

Providing fruitful exposure, experience and exchange, the initiative has been launched in junior forms across subjects from 2013 onwards. It provides teaching staff an opportunity to attend related talks and to observe lessons in other schools, and above all, such a teaching approach to put into practice through pre-lesson assignments before the class, and during the class. Students' confidence has been boosted through giving presentations and leading discussions in class. Self-regulated learning has now become a pedagogical approach that our teachers constantly adopt in lessons of various subjects.



Teaching and Learning: STEM Education

**Molecular Gastronomy member, Marco Lam Ho Yeung
(Primary School: Ho Shun Primary School (Sponsored
By Sik Sik Yuen))**

Last year marked the dawn of the STEM programme of our school with Molecular Gastronomy being its main theme. The starting pistol was fired by Dr. Jessica Leung in November. Dr. Leung showcased the basic techniques within the broad discipline of MG, for instance, emulsification and gelification. Many of us found it amazing to watch the making processes of the MG foods and have a taste of them. The STEM programme makes science and the related subjects more intriguing, and it even makes it "palatable". I hope the programme next year can make the science lovers more indulged in science and the related subjects.



**Our Robot Team member, Herman Tse Ho Yeung
(Primary School: Salesian Yip Hon Primary School)**

The Ho Fung Robot Team participated in a robot match on 6 July this year. It was a very nice experience for us as we have learnt a lot from it. Our mission was to push the opponents out of the designated range. Don't belittle on the mission as it was not that easy as you may have thought. We needed to use different sensors to ensure our robot to keep moving within the range, in a

bid to satisfy the requirements on dimensions and weights, as well as finding our enemies and beating them. We carefully assembled and programmed our robot before the match. Such preparation lasted for nearly a month. We competed with many opponents who used a newer generation model. Although they had a lot of advantages, we still got the first runner-up in our group and entered the knockout stage. It was a pity that we could not get into the final but it was nice to have such a good experience with my teammates. We would like to express our gratitude to those teachers and schoolmates who helped us throughout the course of the preparation and gave us a chance to excel ourselves in this field.

**Our Aquarium member, Mario Lai Hui Yin
(Primary School: Salesian Yip Hon Primary School)**

We have set up a fish tank in the Biology Laboratory in March this year. In the tank, we have displayed a set-up like the one in a tropical rainforest. We added different kinds of aquatic plants in the fish tank and a set of carbon dioxide set-up which can provide an adequate amount for aquatic plants to perform photosynthesis. We have also put some fish and shrimps into the tank to form a complete ecological system. We look forward to further developing our own aquarium in the coming future.



Aesthetic Development

中樂團成員黃雪穎 (小學：深井天主教小學)

可風中樂團擁有 22 名分別負責吹彈拉打四部的團員。逢星期三的團體訓練中，團員都努力認真，不時會向導師請教自己的不足之處，務求於比賽及表演有最佳表現。雖然中樂團尚未獲得出色的成績，但團員已經盡力而為，雖敗猶榮。身為團長的我看到團員的團結和進步，也感到非常欣喜，相信大家亦能從中得到莫大的經驗與技巧。期望下年度中樂團能突破往績，繼續向前。



Zoe Lai Ho Yau, Recorder Ensemble member (Primary School: Hong Kong Baptist Convention Primary School)

Being one of the recorder team members for five years, I feel grateful and proud of the team. It is a precious gift that we have developed not only the sense of team spirit but also sincere friendship. Playing a musical instrument in a solo is lonesome and I truly think performing a recorder ensemble is much more amusing. I treasure the merry time over the years and I hope that the recorder team can attain glorious success in the future!

Gloria Ip Ping Yan, Wind Band member (Primary School: SKH Chu Oi Primary School (Lei Muk Shue))

I have been a member of wind band for five years already. I still remember the first day I joined the band rehearsal. In the two hours, I nearly did nothing because I didn't know how to perform a single note on the music score and couldn't follow others. But surprisingly, I didn't give up and stayed in the band until Form Six, which was out of my expectation. In the band, you need to work with many others who play different musical instruments, which is different from solos because you need to follow the conductor's instructions and cooperate with your teammates. Although it takes much time to do rehearsals, it was worth it when I received the big hands from the audience after each performance. I cannot imagine my life without attending the weekly practice on Wednesdays after school. Lastly, I want to thank our conductor, Mr. Pak, our Music teacher, Ms Yeung, and my teammates for giving me a lot of opportunities to learn. I am honoured that I was once a member of Ho Fung Wind Band.



Physical Education

Erica Hung Po Ki
(Primary School: TWGHS Wong See Sum Primary School)

Being an athlete is hard, especially at my age - both academic results and athletic performance cannot be ignored. Ho Fung College has provided a conducive environment for students to balance work and play. Our school tries to arrange the training time in the most suitable way in order not to upset the balance, which I find it proper.

Besides, as I know, most of the sports team have their own professional trainer. For the volleyball team which I know well, the coach, who puts us as his top priority, is passionate. When failures come, he acts as our shield supporting us, pushing us to step forward.

Doubtlessly, sports plays an important and irreplaceable role for Ho Fung students in the recent years. Having abundant and wonderful exercises and practice, we received plenty of enjoyment. Every drop of sweat illustrates our efforts and happiness.

Kelvin Kwok Chun Leung (Primary School: Si Yuan School of the Precious Blood)

Ho Fung College has been well-known for its remarkable athletic performance since long time ago. I am proud to be one of the members of the school's Basketball Team and the Handball Team. I attend regular practice every week instructed by quality and experienced coaches. During the practice, not only do we improve our skills, but our team spirit is also developed. All these are the keys to the successes of Ho Fung's outstanding athletic achievements.

Cherry Liang Hoi Ching
(Primary School: Hong Kong Baptist Convention Primary School)

After joining Ho Fung Girls' Basketball Team for 3 years, I have a lot of opportunities to join different kinds of competitions to get experience. I have also learnt the importance of team spirit and some positive attitudes such as persistence and perseverance.



Other Activities

The 15th Award
Presentation
Ceremony of Peer
Mediation Project



Singing
Contest



Dance
Competition
and Fashion
Show



Halloween Party



All Hong
Kong Inter-
Secondary
School
Softball
Competition



S6 Speech Day



Mathematics
Adventures



The 16th Basic Law Debating
Competition (Basic Law Cup),
Overall 2nd Runner up and
Champion of the NT



Inter-school Student Exchange Programme



Study Tour to London



S1 Orientation